

Camp Artemis Camper Equipment List

All equipment (except for your tent) must be packed in your backpack and daypack.

Put your name on all clothing and equipment.

Camper is responsible for her own gear.



CLOTHING

- ✓ 2 camp t-shirts – SUPPLIED AT CAMP
- 3 pairs of blue denim jeans
(mandatory, no holes or rips)
- 1 pair of blue denim shorts
- 4 t-shirts
- 6-8 pairs of underwear
- 2-3 bras (if needed)
- 10 pair of socks
- 3+ pair hiking socks
- Hiking shorts/pants (loose fitting; no “short-shorts”)
- Warm jacket
- Sweatshirt
- Pajamas or lightweight sweats for sleeping
- Swimsuit (one piece/covered torso)
- Tennis shoes with tread (okay to get wet; no Converse/Vans)
- Flip flops/ Sandals (for pool & showers)

EQUIPMENT

- Internal or external frame backpack (adjusted to fit camper)
- Sleeping bag (backpacking appropriate/compact)
- Pillow
- Sleeping pad (closed cell for insulation)
- Tent (2-4 person) –include tent instructions
- Tarp/plastic ground cover (tent-sized)
- Hiking boots or sturdy shoes with traction and ankle support (break in before camp)
- 2 - Refillable Water bottles – (32 oz)
- Personal first aid kit (small)
- Flashlight and extra sets of batteries
- Mess kit: knife, fork spoon, cup, and plate in dunk bag
- Writing utensils
- 50 ft of lightweight nylon or similar rope
- Rain gear (poncho or 32 gallon trash bag)
- Whistle
- Bags for dirty/wet items (trash or ziplock bags)
- Wrist watch
- Carabiners
- Pocket Knife (Phase 3 only)

HYGIENE

- Toothbrush
- Toothpaste
- Brush
- Hair ties
- Soap
- Shampoo
- Deodorant
- Feminine products (even if not had first period)
- Chapstick
- Sunscreen (mandatory)
- Bug spray (mandatory)
- Pool towel
- Hand towel
- Medications- *in prescription bottle with camper name and written dosage instructions. Pack medications at top of backpack in ziplock bag to give to Camp Nurse at Camp check-in.*

OPTIONAL

- Hat/ beanie
- Small daypack
- Light blanket for use with sleeping bag
- Alarm clock (not phone)
- Compass
- Camera
- Sunglasses
- Calamine lotion
- Additional towel
- Undershirt
- Hiking sock liners
- Favorite stuffed animal/pillow

DO NOT bring anything ELECTRONIC other than those items listed above, especially cell phones, radios, MP3 players, iPods, iPads, personal video games, etc.

Any irresponsible use of personal items will not be tolerated and will result in confiscation with return at end of camp. Items of monetary or sentimental value best left at home.